RESIDENT LEVELS OF CARE

DEPARTMENT of PSYCHIATRY

Resident Level: PGY II

Core Competencies

1) Medical Knowledge
2) Patient Care Skills
3) Practice-based learning
4) Interpersonal and communication skills
5) Systems-based practice
6) Professionalism
<table>
<thead>
<tr>
<th><strong>Direct Supervision:</strong></th>
<th><strong>Indirect Supervision:</strong></th>
<th><strong>Oversight:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>The supervising physician is physically present with the resident and patient.</td>
<td>With direct supervision immediately available—the supervision physician is physically within the hospital or other site of patient care, and is immediately available to provide Direct Supervision.</td>
<td>The supervision physician is available to provide review of procedures/encounters with feedback provided after care is delivered.</td>
</tr>
<tr>
<td></td>
<td>With direct supervision available—the supervising physician is not physically present within the hospital or other site of patient care, but is immediately available by means of telephonic and/or electronic modalities, and is available to provide Direct Supervision.</td>
<td></td>
</tr>
</tbody>
</table>

**1) Medical Knowledge**
The Resident will
- Know the FDA-approved indications and side effects of most psychiatric medications
- Discriminate between psychiatric patients requiring inpatient from outpatient treatment
- Know how to assess geriatric and pediatric cases emergently
- Know the indications for ECT
- Recognize delirium and dementia
- Correctly apply pharmacology for agitation and understand the etiology of the agitation
- Successfully complete a written cognitive exam

**2) Patient Care**
The Resident will
- Obtain accurate past and present history justifying need for treatment
- Obtain important social, family and developmental histories
- Use past and present medical records appropriately (paper or electronic)
- Begin using the biopsychosocial case formulation
- Use the MMSE appropriately
- Complete DSM-IV multi-axial differential diagnoses in addition to the working diagnosis
- Obtain appropriate diagnostic studies to confirm diagnosis
- Participate in telepsychiatry evaluations

**3) Practice Based Learning**
The Resident will
- Read about issues related to inpatient and outpatient care
- Apply evidence-based medicine to patient care decisions
<table>
<thead>
<tr>
<th><strong>4) Interpersonal and Communication Skills</strong>&lt;br&gt;The Resident will&lt;br&gt;▪ Successfully complete a mock oral board exam</th>
<th><strong>4) Interpersonal and Communication Skills</strong>&lt;br&gt;The Resident will&lt;br▪ Involve the entire healthcare team in evidence-based decision making&lt;br▪ Educate patients and their family on illness and medications and discuss preventive measures to decrease relapse and chronicity&lt;br▪ Perform individual and group supportive therapy&lt;br▪ Take a greater role in healthcare team leadership</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>5) Systems-Based Practice</strong>&lt;br&gt;The Resident will&lt;br▪ Contact and utilize appropriate community resources for patients&lt;br▪ Demonstrate knowledge of legal issues related to inpatient and outpatient care&lt;br▪ Consider financial implications of patient care on both inpatient and outpatient levels&lt;br▪ Advocate appropriately for patients and their families&lt;br▪ Evaluate at least 100 patients with psychiatric illness in the ER&lt;br▪ Evaluate discharged patients in an outpatient setting&lt;br▪ Attend court commitment proceedings and be able to justify reasons for continued hospitalization or discharge</td>
<td><strong>6) Professionalism</strong>&lt;br&gt;The Resident will&lt;br▪ Prepare for and arrive to team meetings in a timely manner&lt;br▪ Answer pager reliably&lt;br▪ Use supervision appropriately&lt;br▪ Demonstrate knowledge of self-limitations and ask for feedback&lt;br▪ Respect diversity of culture, gender and race&lt;br▪ Timely completion of admission</td>
</tr>
<tr>
<td>and discharge summaries</td>
<td></td>
</tr>
<tr>
<td>-------------------------</td>
<td></td>
</tr>
<tr>
<td>• Appropriate transfer of knowledge to next shift for continuity of patient care</td>
<td></td>
</tr>
<tr>
<td>• Act and dress in an appropriate manner for a physician</td>
<td></td>
</tr>
</tbody>
</table>

* A faculty physician, other than another resident, is physically present during the key portions of the procedure or is immediately available.